

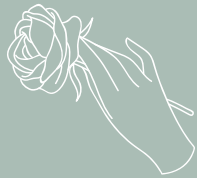
The Spa

AT THE ELMS

GROTTO ACCESS

\$75 per person, based on spa availability.

This fee is waived with spa services. Use of the Grotto is complimentary on the day of scheduled spa services. Grotto access is limited to two hours with a scheduled spa treatment



MASSAGE

HOT STONE MASSAGE

75 Minutes. Weekday \$200 | Fri-Sun \$220

CLOUD 9 CUPPING MASSAGE

75 Minutes. Weekday \$200 | Fri-Sun \$220

THERAPEUTIC MASSAGE

110 Minutes. Weekday \$300 | Fri-Sun \$320

80 Minutes. Weekday \$200 | Fri-Sun \$220

50 Minutes. Weekday \$160 | Fri-Sun \$180

WATERFALL AND STONE MASSAGE

75 Minutes. Weekday \$200 | Fri-Sun \$220

ELMS SWEDISH MASSAGE

80 Minutes. Weekday \$200 | Fri-Sun \$220

50 Minutes. Weekday \$160 | Fri-Sun \$180

REFLEXOLOGY

50 Minutes. Weekday \$160 | Fri-Sun \$180

HERBAL THAI MASSAGE

75 Minutes. Weekday \$200 | Fri-Sun \$220

PRENATAL MASSAGE

50 Minutes. Weekday \$160 | Fri-Sun \$180

SLEEP WELL CBD MASSAGE

80 Minutes. Weekday \$260 | Fri-Sun \$280

50 Minutes. Weekday \$200 | Fri-Sun \$220

THE ASHWAGANDHA ESSENTIALS MASSAGE

50 Minutes. Weekday \$160 | Fri-Sun \$180

BAMBOO MASSAGE

100 Minutes. Weekday \$270 | Fri-Sun \$290

DRY BODY BRUSH & LYMPHATIC MASSAGE

100 Minutes. Weekday \$300 | Fri-Sun \$320

LUXURY MASSAGE ENHANCEMENTS

ALL CLEAR SINUS SOOTHER | \$10

HAIRS TO YOU | \$10

HAND & ARM RENEWAL | \$10

ESSENTIAL OIL ENHANCEMENT | \$10

CBD MASSAGE OIL | \$15

FACIALS

THE ULTIMATE FACELIFT HYDRAFACIAL

110 Minutes. Weekday \$350 | Fri-Sun \$370

HYDRAFACIAL

50 Minutes. Weekday \$250 | Fri-Sun \$270

THE HEALING WATERS FACIAL

50 Minutes. Weekday \$150 | Fri-Sun \$170

DETOXIFYING BACK FACIAL

50 Minutes. Weekday \$150 | Fri-Sun \$170

SEASONAL FACIAL

50 Minutes. Weekday \$150 | Fri-Sun \$170

DETOX & GLOW

80 Minutes. Weekday \$180 | Fri-Sun \$200

FOUNTAIN OF YOUTH

50 Minutes. Weekday \$160 | Fri-Sun \$180

COLLAGEN INFUSION

80 Minutes. Weekday \$180 | Fri-Sun \$200

HEALTHY GLOW FACIAL

50 Minutes. Weekday \$140 | Fri-Sun \$160

LUXURY FACIAL ENHANCEMENTS

ALL CLEAR SINUS SOOTHER | \$10

HAIRS TO YOU | \$10

HAND & ARM RENEWAL | \$10

NUFACE FITNESS FOR YOUR FACE | \$10

BROW DESIGN | \$10

LIP WAX | \$10

CHIN WAX | \$10

ICE GLOBE | \$10

CBD FACE OIL | \$15

BODY TREATMENTS

SEASONAL WATERFALL SCRUB

45 Minutes. Weekday \$150 | Fri-Sun \$170

VIBRANT C SCRUB

45 Minutes. Weekday \$150 | Fri-Sun \$170

HANAKASUMI BODY RITUAL

50 Minutes. Weekday \$150 | Fri-Sun \$170

SOOTHING MINERAL MUD WRAP

75 Minutes. Weekday \$180 | Fri-Sun \$200

MOROCCAN DETOXIFICATION RITUAL

105 Minutes. Weekday \$250 | Fri-Sun \$270

REVIVE AND RESTORE ENERGIZING BODY TREATMENT

80 Minutes. Weekday \$180 | Fri-Sun \$200

REFINE & RELAX

50 Minutes. Weekday \$150 /Fri-Sun \$170



NATURAL NAIL CARE

SEASONAL MANICURE

Weekday \$60 | Fri-Sun \$70

SEASONAL PEDICURE

50 Minutes. Weekday \$70 | Fri-Sun \$80

SEASONAL ULTIMATE MANICURE

Weekday \$80 | Fri-Sun \$100

SEASONAL ULTIMATE PEDICURE

Weekday \$90 | Fri-Sun \$110

LUXURY SALON ENHANCEMENTS

TAKE A DIP | \$10

HAPPY CAMPER WARM STONE MASSAGE | \$10

TAKE A PARAFFIN DIP | \$10

HAPPY CAMPER WARM STONE MASSAGE | \$10

CDB SCRUB & MASSAGE | \$15

QUARTZ RITUALS

QUARTZ & WARM POULTICE RITUAL

100 Minutes. Weekday \$300 | Fri-Sun \$320

QUARTZ TREATMENT & SOUND BATH RITUAL

50 Minutes. Weekday \$200 | Fri-Sun \$220

QUARTZ SOUND HEALING RITUAL

50 Minutes. Weekday \$160 | Fri-Sun \$180

SPA'RTY PACKAGES

Celebrate your special day with your squad in a private VIP Spa Lounge.

**VIP lounge rentals come with a two-hour grotto pass for all guests in the party. *\$75 grotto fee is waived per person.10% discount on spa services on day of rental *Spa Suite Experiences Do Not Include Treatments. Treatments To Be Booked Separately.*

TOUCH OF ROMANCE

Enjoy decadent snacks, and sweet chocolate covered strawberries, while sipping champagne with that special someone. Sit back and relax in your luxurious keepsake Elms robe, while your concierge draws the perfect copper foot bath. Take in the waters within the grotto and pool spaces at your leisure.

Two-Hour Couples Experience | \$400

SPA'RTY CELEBRATION

Enjoy the savory goodness of a custom-made charcuterie board while your squad sips on refreshing beverages in a private spa lounge. The lounge is a great place for your tribe to enjoy refreshments within the spa space, while allowing you to gather and celebrate the special occasion.

120 Minutes. \$500

Four Person Experience. A charge of \$125 will be added to the package per additional guest.

VIP LOUNGE RENTAL

Looking for a private space for your squad to gather during your spa visit? The VIP Lounge is a great place for large groups to gather and enjoy time together

2 Hour Rental \$300/4 Hour Rental \$600

*Food available for purchase prior to arrival

*Beverages can be purchased day of.

WELLNESS EXPERIENCES

HALO SALT CAVE

45 Minutes. Weekday \$75 | Fri-Sun \$85

BREATHE & DETOX SALT SUITE

45 Minutes. Weekday \$75 | Fri-Sun \$85

MIND, BODY & SOUL

80 Minutes. Weekday \$200 | Fri-Sun \$220

MINDFULNESS IN NATURE

80 Minutes. Weekday \$200 | Fri-Sun \$220

SERVICE CHARGE/ TIPPING POLICY

As a convenience, an automatic 21% service charge is added to all services which includes a 15% service charge for the service provider(s).

The Spa
AT THE ELMS

401 REGENT STREET
EXCELSIOR SPRINGS, MO 64024
816-630-5500
ELMSHOTELANDSPA.COM