

# The Spa

## AT THE ELMS

### GROTTO ACCESS

\$55 per person, based on spa availability.

This fee is waived with spa services.

Use of the Grotto is complimentary on the day of scheduled spa services. Friday through Sunday Grotto access is limited to two hours with a scheduled spa treatment.



### MASSAGE

#### HOT STONE MASSAGE

75 Minutes Weekday \$150 | Fri-Sun \$170

#### CLOUD 9 CUPPING MASSAGE

75 Minutes Weekday \$150 | Fri-Sun \$170

#### THERAPEUTIC MASSAGE

110 Minutes Weekday \$225 | Fri-Sun \$245

80 Minutes Weekday \$165 | Fri-Sun \$185

50 Minutes Weekday \$120 | Fri-Sun \$140

#### WATERFALL AND STONE MASSAGE

75 Minutes Weekday \$150 | Fri-Sun \$170

#### ELMS SWEDISH MASSAGE

80 Minutes Weekday \$160 | Fri-Sun \$180

50 Minutes Weekday \$115 | Fri-Sun \$135

#### REFLEXOLOGY

50 Minutes Weekday \$115 | Fri-Sun \$135

#### HERBAL THAI MASSAGE

80 Minutes Weekday \$160 | Fri-Sun \$180

#### CBD MASSAGE

80 Minutes Weekday \$190 | Fri-Sun \$210

50 Minutes Weekday \$145 | Fri-Sun \$165

#### PRENATAL MASSAGE

50 Minutes Weekday \$125 | Weekend \$135

### LUXURY MASSAGE ENHANCEMENTS

ALL CLEAR SINUS SOOTHER \$10

REJUVENATING EYE MASK \$15

HAIRS TO YOU \$20

HAND & ARM RENEWAL \$20

CBD MASK ENHANCEMENT \$30

ESSENTIAL OIL ENHANCEMENT \$15

### FACIALS

#### THE ULTIMATE FACELIFT HYDRAFACIAL

110 Minutes Weekday \$320 | Fri-Sun \$330

#### HYDRAFACIAL

50 Minutes Weekday \$199 | Fri-Sun \$210

#### THE HEALING WATERS FACIAL

50 Minutes Weekday \$150 | Fri-Sun \$160

#### REVITALIZING ANTIOXIDANT FACIAL

80 Minutes Weekday \$170 | Fri-Sun \$180

#### HYDRATING ROSE FACIAL

50 Minutes Weekday \$140 | Fri-Sun \$150

### LUXURY FACIAL ENHANCEMENTS

ALL CLEAR SINUS SOOTHER \$10

REJUVENATING EYE MASK \$15

HAIRS TO YOU \$20

HAND & ARM RENEWAL \$20

NUFACE EYE & LIP TREATMENT \$30

NUFACE FITNESS FOR YOUR FACE \$45

BROW DESIGN \$20

LIP WAX \$20

CHIN WAX \$20

### HYDROTHERAPY

#### CBD

30 Minutes Weekday \$65 | Fri-Sun \$70

#### DE-STRESS MIND

30 Minutes Weekday \$55 | Fri-Sun \$60

#### SUPPORT

30 Minutes Weekday \$55 | Fri-Sun \$60

#### DEEP RELAX

30 Minutes Weekday \$55 | Fri-Sun \$60

#### INNER STRENGTH

30 Minutes Weekday \$55 | Fri-Sun \$60

## BODY TREATMENTS

### ROSE PETAL SALT SCRUB

45 Minutes Weekday \$120 | Fri-Sun \$140

### VIBRANT C SCRUB

45 Minutes Weekday \$120 | Fri-Sun \$140

### HANAKASUMI BODY RITUAL

50 Minutes Weekday \$125 | Fri-Sun \$145

### SOOTHING MINERAL MUD WRAP

75 Minutes Weekday \$170 | Fri-Sun \$190

### AROMATIQUE SALT AND MUD RITUAL

75 Minutes Weekday \$160 | Fri-Sun \$180

### MOROCCAN DETOXIFICATION RITUAL

105 Minutes Weekday \$225 | Fri-Sun \$245

## WELLNESS MENU

### MIND, BODY & SOUL

80 Minutes Weekday \$200 | Fri-Sun \$220

### MINDFULNESS IN NATURE

80 Minutes Weekday \$200 | Fri-Sun \$220

## HALO CAVE

45 Minutes Weekday \$55 | Fri-Sun \$65

## BREATHE & DETOX SUITE

45 Minutes Weekday \$55 | Fri-Sun \$65



## NATURAL NAIL CARE

### SEASONAL MANICURE

Weekday \$50 | Fri-Sun \$55

### SEASONAL PEDICURE

Weekday \$60 | Fri-Sun \$65

### SEASONAL ULTIMATE MANICURE

Weekday \$60 | Fri-Sun \$65

### SEASONAL ULTIMATE PEDICURE

Weekday \$75 | Fri-Sun \$80

## LUXURY SALON ENHANCEMENTS

VITAMIN C HAND TREATMENT **\$25**

WELL CBD MASK & MASSAGE **\$25**

PARAFFIN DIP FOR HANDS OR FEET **\$20**

WARM STONE MASSAGE **\$10**

HAIR CONCENTRATE **\$20**

REJUVENATING EYE MASK **\$15**

HYDRATING LIP MASK **\$15**



## MEN'S SERVICES

### MANDATORY FACIAL

50 Minutes Weekday \$125 | Fri-Sun \$135

### GENTLEMAN'S MANICURE

Weekday \$50 | Fri-Sun \$55

### GENTLEMAN'S PEDICURE

Weekday \$60 | Fri-Sun \$65

## SERVICE CHARGE/ TIPPING POLICY

As a convenience, an automatic 21% service charge is added to all services which includes a 15% service charge for the service provider(s).



## *The Spa*

AT THE ELMS

401 REGENT STREET  
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