

The Spa

AT THE ELMS

GROTTO ACCESS

\$75 per person, based on spa availability.

This fee is waived with spa services.

Use of the Grotto is complimentary on the day of scheduled spa services. Friday through Sunday Grotto access is limited to two hours with a scheduled spa treatment.



MASSAGE

HOT STONE MASSAGE

75 Minutes. Weekday \$180 | Fri-Sun \$200

CLOUD 9 CUPPING MASSAGE

75 Minutes. Weekday \$180 | Fri-Sun \$200

THERAPEUTIC MASSAGE

110 Minutes. Weekday \$255 | Fri-Sun \$275

80 Minutes. Weekday \$195 | Fri-Sun \$215

50 Minutes. Weekday \$150 | Fri-Sun \$170

WATERFALL AND STONE MASSAGE

75 Minutes. Weekday \$180 | Fri-Sun \$200

ELMS SWEDISH MASSAGE

80 Minutes. Weekday \$190 | Fri-Sun \$210

50 Minutes. Weekday \$145 | Fri-Sun \$165

REFLEXOLOGY

50 Minutes. Weekday \$145 | Fri-Sun \$165

HERBAL THAI MASSAGE

80 Minutes. Weekday \$190 | Fri-Sun \$210

PRENATAL MASSAGE

50 Minutes. Weekday \$155 | Fri-Sun \$165

CBD MASSAGE

80 Minutes. Weekday \$220 | Fri-Sun \$240

50 Minutes. Weekday \$175 | Fri-Sun \$195

THE ASHWAGANDHA ESSENTIALS MASSAGE

50 Minutes. Weekday \$150 | Fri-Sun \$170

LUXURY MASSAGE ENHANCEMENTS

ALL CLEAR SINUS SOOTHER | \$10

REJUVENATING EYE MASK | \$10

HAIRS TO YOU | \$10

HAND & ARM RENEWAL | \$10

ESSENTIAL OIL ENHANCEMENT | \$10

FACIALS

THE ULTIMATE FACELIFT HYDRAFACIAL

110 Minutes. Weekday \$320 | Fri-Sun \$330

HYDRAFACIAL

50 Minutes. Weekday \$199 | Fri-Sun \$210

THE HEALING WATERS FACIAL

50 Minutes. Weekday \$150 | Fri-Sun \$160

DETOXIFYING BACK FACIAL

50 Minutes. Weekday \$150 | Fri-Sun \$160

SEASONAL FACIAL

50 Minutes. Weekday \$130 | Fri-Sun \$140

DETOX & GLOW

50 Minutes. Weekday \$140 | Fri-Sun \$150

FOUNTAIN OF YOUTH

80 Minutes. Weekday \$170 | Fri-Sun \$180

COLLAGEN INFUSION

80 Minutes. Weekday \$160 | Fri-Sun \$170

HEALTHY GLOW FACIAL

50 Minutes. Weekday \$130 | Fri-Sun \$140

LUXURY FACIAL ENHANCEMENTS

ALL CLEAR SINUS SOOTHER | \$10

REJUVENATING EYE MASK | \$10

HAIRS TO YOU | \$10

HAND & ARM RENEWAL | \$10

NUFACE EYE & LIP TREATMENT | \$10

NUFACE FITNESS FOR YOUR FACE | \$10

BROW DESIGN | \$10

LIP WAX | \$10

CHIN WAX | \$10

ICE GLOBE | \$10

BODY TREATMENTS

SEASONAL WATERFALL SCRUB

45 Minutes. Weekday \$130 | Fri-Sun \$150

VIBRANT C SCRUB

45 Minutes. Weekday \$140 | Fri-Sun \$160

HANAKASUMI BODY RITUAL

50 Minutes. Weekday \$145 | Fri-Sun \$165

SOOTHING MINERAL MUD WRAP

75 Minutes. Weekday \$180 | Fri-Sun \$200

MOROCCAN DETOXIFICATION RITUAL

105 Minutes. Weekday \$235 | Fri-Sun \$255

REVIVE AND RESTORE ENERGIZING BODY TREATMENT

80 Minutes. Weekday \$170 | Fri-Sun \$180

WELLNESS MENU

MIND, BODY & SOUL

80 Minutes. Weekday \$200 | Fri-Sun \$220

MINDFULNESS IN NATURE

80 Minutes. Weekday \$200 | Fri-Sun \$220



NATURAL NAIL CARE

SEASONAL MANICURE

Weekday \$60 | Fri-Sun \$70

SEASONAL PEDICURE

50 Minutes. Weekday \$70 | Fri-Sun \$80

SEASONAL ULTIMATE MANICURE

Weekday \$80 | Fri-Sun \$100

SEASONAL ULTIMATE PEDICURE

Weekday \$90 | Fri-Sun \$110

GLOW UP

Two-Hour Tranquil Experience for a group of six
\$750 | *A charge of \$125 will be added to the package per additional guest.*

RISE UP

Two-Hour Morning Renewal Experience for a group of six
\$820 | *A charge of \$135 will be added to the package per additional guest*

CABANA PRICING

Half-day (10am-1:30pm or 2:30pm-6pm)

Fri-Sun: \$200 rental + tax & 21% gratuity

Monday - Thursday: \$150 rental + tax & 21% gratuity

Full Day (10am-6pm) Friday-Sun: \$400 rental + tax & 21% gratuity
Monday-Thursday: \$300 rental + tax & 21% gratuity

WELLNESS EXPERIENCES

HALO SALT CAVE

45 Minutes. Weekday \$55 | Fri-Sun \$65

BREATHE & DETOX SALT SUITE

45 Minutes. Weekday \$55 | Fri-Sun \$65



SERVICE CHARGE/ TIPPING POLICY

As a convenience, an automatic 21% service charge is added to all services which includes a 15% service charge for the service provider(s).

LUXURY SALON ENHANCEMENTS

TAKE A DIP | \$10

HAPPY CAMPER WARM STONE MASSAGE | \$10

REJUVENATING EYE MASK | \$10

SPA SUITE PACKAGES

SPIRITUAL JOURNEY

Two-Hour Wellness Experience for a group of six | \$980

A charge of \$160 will be added to the package per additional guest.

TOUCH OF ROMANCE

Two-Hour Couples Experience | \$420

SPA'RTY CELEBRATION

Two-Hour Spa'rtly celebration for a group of six | \$900

A charge of \$150 will be added to the package per additional guest.

The Spa

AT THE ELMS

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ELMSHOTELANDSPA.COM

