



THE SPA



AT THE ELMS

GROTTO ACCESS

\$55 per person, based on spa availability. This fee is waived with spa services. Use of the Grotto is complimentary on the day of scheduled spa services. Friday through Sunday Grotto access is limited to two hours with a scheduled spa treatment.

MASSAGE

Hot Stone Massage

75 Minutes Weekday \$150 | Fri-Sun \$170

Cloud 9 Cupping Massage

75 Minutes Weekday \$175 | Fri-Sun \$195

Therapeutic Massage

110 Minutes Weekday \$225 | Fri-Sun \$245

80 Minutes Weekday \$165 | Fri-Sun \$185

50 Minutes Weekday \$120 | Fri-Sun \$140

Waterfall and Stone Massage

75 Minutes Weekday \$150 | Fri-Sun \$170

Elms Swedish Massage

80 Minutes Weekday \$160 | Fri-Sun \$180

50 Minutes Weekday \$115 | Fri-Sun \$135

Reflexology

50 Minutes Weekday \$115 | Fri-Sun \$135

Ashwagandha Essentials Massage

50 Minutes Weekday \$130 | Fri-Sun \$150

Herbal Thai Massage

80 Minutes Weekday \$160 | Fri-Sun \$180

CBD Massage

80 Minutes Weekday \$190 | Fri-Sun \$210

50 Minutes Weekday \$145 | Fri-Sun \$165

Restorative Massage

80 Minutes Weekday \$170 | Fri-Sun \$190

50 Minutes Weekday \$125 | Fri-Sun \$145

Prenatal Massage

50 Minutes Weekday \$125 | Fri-Sun \$145

LUXURY MASSAGE ENHANCEMENTS

All Clear Sinus Soother \$10

Rejuvenating Eye Mask \$15

Hydrating Lip Mask \$15

Hairs to You \$20

Hand & Arm Renewal \$20

Back in Action \$20

CBD Mask Enhancement \$30

FACIALS

The Ultimate Facelifit Hydrafacial

110 Minutes Weekday \$320 | Fri-Sun \$330

Platinum HydraFacial

80 Minutes Weekday \$275 | Fri-Sun \$285

HydraFacial

50 Minutes Weekday \$199 | Fri-Sun \$210

Inner Radiance Facial

50 Minutes Weekday \$140 | Fri-Sun \$150

Serenity Facial

50 Minutes Weekday \$125 | Fri-Sun \$135

Soothing Springs Facial

50 Minutes Weekday \$130 | Fri-Sun \$140

Fountain of Youth Facial

80 Minutes Weekday \$180 | Fri-Sun \$190

Revitalizing Antioxidant Facial

80 Minutes Weekday \$170 | Fri-Sun \$180

Restorative Facial

50 Minutes Weekday \$140 | Fri-Sun \$150

Hydrating Rose Facial

50 Minutes Weekday \$140 | Fri-Sun \$150

LUXURY FACIAL ENHANCEMENTS

All Clear Sinus Soother \$10

Rejuvenating Eye Mask \$15

Hydrating Lip Mask \$15

Hairs to You \$20

Hand & Arm Renewal \$20

Radiance Restored Eye Cupping \$20

Petal Soft Lip Cupping \$20

Nuface Eye & Lip Treatment \$30

Nuface Fitness for Your Face \$45

HYDROTHERAPY

CBD

30 Minutes Weekday \$65 | Fri-Sun \$70

De-Stress Mind

30 Minutes Weekday \$55 | Fri-Sun \$60

Support

30 Minutes Weekday \$55 | Fri-Sun \$60

Deep Relax

30 Minutes Weekday \$55 | Fri-Sun \$60

Inner Strength

30 Minutes Weekday \$55 | Fri-Sun \$60

BODY TREATMENTS

Mind, Body & Soul Ritual

80 Minutes Weekday \$200 | Fri-Sun \$220

50 Minutes Weekday \$160 | Fri-Sun \$180

Rose Petal Salt Scrub

45 Minutes Weekday \$120 | Fri-Sun \$140

Vibrant C Scrub

45 Minutes Weekday \$120 | Fri-Sun \$140

Lavender Escape Body Ritual

45 Minutes Weekday \$120 | Fri-Sun \$140

Hanakasumi Body Ritual

50 Minutes Weekday \$125 | Fri-Sun \$145

Soothing Mineral Mud Wrap

75 Minutes Weekday \$170 | Fri-Sun \$190

Nutri- Regenerative

75 Minutes Weekday \$160 | Fri-Sun \$180

Aromatique Salt and Mud Ritual

75 Minutes Weekday \$160 | Fri-Sun \$180

Moroccan Detoxification Ritual

105 Minutes Weekday \$225 | Fri-Sun \$245

RELAX AND RESTORE

Restorative Massage

80 Minutes Weekday \$170 | Fri-Sun \$190

50 Minutes Weekday \$125 | Fri-Sun \$145

Restorative Facial

50 Minutes Weekday \$140 | Fri-Sun \$150

NATURAL NAIL CARE

Seasonal Manicure

Weekday \$50 | Fri-Sun \$55

Seasonal Pedicure

Weekday \$60 | Fri-Sun \$65

Seasonal Ultimate Manicure

Weekday \$60 | Fri-Sun \$65

Seasonal Ultimate Pedicure

Weekday \$75 | Fri-Sun \$80

LUXURY SALON ENHANCEMENTS

Vitamin C Hand Treatment \$25

Well CBD Mask & Massage \$25

Paraffin Dip for hands or feet \$20

Warm Stone Massage \$10

Hair Concentrate \$20

Rejuvenating Eye Mask \$15

Hydrating Lip Mask \$15

HAIR AND MAKEUP SERVICES

Shampoo and Style

Weekday \$60 | Fri-Sun \$70

Hair Treatment

Weekday \$30 | Fri-Sun \$40

Special Occasion Hair

Weekday \$80 | Fri-Sun \$90

Makeup Lesson

Weekday \$80 | Fri-Sun \$90

Makeup Application

Weekday \$60 | Fri-Sun \$70

WAXING SERVICES

Brow Design \$20

Lip Wax \$20

Chin Wax \$20

Full Face \$40

Underarms \$25

Full Arm \$45

Half Arm \$30

Full Leg \$60

Half Leg \$40

Bikini \$60

Brazilian Bikini \$85

MEN'S SERVICES

MANdatory Facial

50 Minutes Weekday \$125 | Fri-Sun \$135

Gentleman's Manicure

Weekday \$50 | Fri-Sun \$55

Gentleman's Pedicure

Weekday \$60 | Fri-Sun \$65

SERVICE CHARGE/ TIPPING POLICY

As a convenience, an automatic 21% service charge is added to all services which includes a 15% service charge for the service provider(s).

THE SPA AT THE ELMS

401 Regent Street

Excelsior Springs, MO 64024

816-630-5500

ELMSHOTELANDSPA.COM